

Saint Joseph Hospital Family Medicine Residency

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Curriculum

PGY 1

- FM Inpatient Service (FMS) approx. 6 weeks
- Internal Medicine 1 month
- Intensive Care Unit 1 month
- Obstetrics 2 months
- Pediatric EM @ Denver Health 1 month
- Pediatrics - Inpatient @ Children's Hospital 1 month
- Newborn 1 month
- Geriatrics 1 month
- General Surgery (Outpatient) 2 weeks
- Emergency Medicine 2 weeks
- Behavioral Health 2 weeks
- Clinic orientation 2 weeks
- Elective 1 month
- 1-3 half days per week of continuity clinic
- Longitudinal Curriculum: Community Medicine, Medical Spanish, Long term nursing home care

PGY 2

- Career Development Selective 1 month
- FM Inpatient Service approx. 6 weeks
- FM - Night Float Two 2-week blocks
- Internal Medicine 1 month

- Intensive Care Unit 1 month
- Obstetrics 1 month
- Orthopedics 2 weeks
- Pediatrics - ambulatory subspecialty 1 month
- Rural Medicine 1 month
- Surgical Procedures 1 month
- Elective 1 month
- Emergency Medicine 2 weeks
- Clinic Intensive 2 weeks
- 2-4 half days per week of continuity clinic
- Longitudinal Curriculum: Community Medicine, Medical Spanish, Long term nursing home care

PGY 3

- Dermatology 1 month
- Trauma 1 month
- FM Inpatient Service approx. 6 weeks
- FM - Night Float 2 weeks
- Clinic Intensive 1 month
- Gynecology 1 month
- Management of Health Systems 2 weeks
- Pediatric Outpatient 1 month
- Sports Medicine 1 month
- Electives 3.5 months
- 4-5 half days per week of continuity clinic
- Longitudinal Curriculum: Community Medicine, Medical Spanish, Long term nursing home care

Our curriculum is designed to fully prepare residents for any setting after graduation. Our rotations and training represent a balance of foundational family medicine, including outpatient, inpatient, obstetrics, pediatrics, geriatrics, and procedures.

Saint Joe's is a particularly excellent program for those considering full-spectrum practice in the future. Our more intense rotations, while challenging, will expand your knowledge and skills. In comparison, other rotations are more relaxed and allow for more decompression and personal time. All rotations are structured to maximize learning opportunities and respect the resident's time and efforts. Lastly, our ample flexibility and elective opportunities allow residents to cater training to their specific interests and goals.

Collaborative Training

Saint Joseph Hospital hosts four residency programs: FM, IM, OB/GYN and General Surgery. While it may not be true everywhere, at Saint Joe's we strongly value this collaborative training. We work and play well together; benefit and learn from each other. Residents rotate with the other specialties which

creates meaningful relationships and deeper understanding. The hospital and residency clinics are teaching institutions to the core, which means residents enjoy consistent autonomy from patients, attendings, specialists and staff. As a busy hospital, there are plenty of patients and procedures for all of us. Lastly, we support each other on all levels, from the residents to the highest levels of leadership.

Select Rotation Information

- **Family Medicine Service (FMS):** Full-spectrum (newborns, OB, adult, ICU) family medicine inpatient service at Saint Joseph hospital staffed by our residency faculty. Internal Medicine: Work with internal medicine residents on an adult inpatient service at Saint Joseph Hospital.
- **Intensive Care Unit (ICU):** Work with internal medicine residents on a multidisciplinary team in the ICU at Saint Joseph Hospital staffed by critical care intensivists.
- **Obstetrics:** High-risk and low-risk labor and delivery, triage, and postpartum experience.
- **General Surgery:** Hybrid inpatient/outpatient rotation in which residents work with surgery residents doing consults, operations, and pre-op/post-op visits. Residents also work with FM faculty doing outpatient procedures such as skin biopsies and vasectomies.
- **Rural:** Spend a month of 2nd year in rural Colorado (housing provided) learning rural medicine.
- **Career Development:** Work with a mentor to design a 2 week elective for self-exploration, goals and values identification and to try out different career possibilities.
- **Acute Care Orthopedics/Trauma:** Spend 2-4 weeks at Winter Park or Snowmass mountain clinics learning high altitude medicine and how to take care of acute orthopedic injuries.

Community Medicine Curriculum

- During PGY1, residents have protected time to orient themselves to the community we serve. Highly motivated residents may find time to establish and continue a partnership into PGY2 with a community organization of their choice.
- Third year residents have approximately one half-day per month blocked to work with one of our community partners. Some of our partners:
 - Urban Peak Youth Shelter Clinic: work with one of our faculty providing clinical care to homeless teens and young adults
 - Career Coach Mentoring: mentor 10th or 11th grade students at a local high school who are interested in health careers
 - Metro Caring: assist in keeping shelves stocked or participate in food and education projects at a local hunger prevention organization
 - Lardon Hall: provide care for a patient population with developmental and intellectual disabilities

Spanish Language Training

This training improves Spanish proficiency among providers and staff at all levels to improve patient care and interactions for our large Spanish-speaking population. Training includes:

- Monthly 90-minute multilevel Medical Spanish classes for all residents

- Four-day pre-orientation intensive Medical Spanish course for new interns
- Optional: Spanish language acquisition and immersion! Residents may apply for funding to take a two-week medical Spanish immersion in Guatemala or Costa Rica (or do virtual classes if travel restricted)

Electives

In addition to the wide range of existing elective rotations, residents can create their own rotations tailored to meet their educational needs. Some examples include international and rural rotations as well as integrative medicine. Residents have progressively more time for electives each year of training with a great deal of flexibility in their third year.

Health Equity and Social Justice

We believe healthcare is a fundamental human right. We recognize that our patient population is at risk for poor health outcomes secondary to structural inequities. We embrace the opportunity to address health justice as a core part of our residency curriculum. It is our intent to promote and become a more collaborative community through the intentional teaching, clinical and advocacy activities:

- 1) Our monthly Social Justice Journal Club creates intentional space for both personal internal reflection and to lift the voices of those who are historically marginalized.
- 2) Our residency is proud to care for a unique and diverse patient population. We are committed to reducing health disparities both in the clinic and through our quality improvement efforts
- 3) We recognize that having physicians from various backgrounds as part of our community helps address implicit bias inherent in healthcare. We are committed to providing support through institutional mentoring, networking and anonymous reporting mechanisms. We have a Spanish language training curriculum to support resident physicians (and others) acquire Spanish language skills during their residency training.
- 4) We have a didactic curriculum focused on health equity and social justice. We are continuously evaluating this curriculum to ensure that it is meeting the needs of our patients, our resident physicians, and other providers and staff.
- 5) We are constantly working to ensure that all staff and providers are educated in delivering excellent care rooted in cultural humility to ensure that our clinic is a welcoming and safe place for all patients to receive care.
- 6) We provide advocacy opportunities at the patient, institutional, and state levels for resident physicians to learn and practice advocacy and leadership skills during their training.

Our social justice work is focused on four areas:

- ✧ Population and patient panel management, with a particular focus on addressing health disparities
- ✧ Advocacy and Leadership
- ✧ Community Engagement through longitudinal community medicine experience
- ✧ Curriculum (Including Spanish Learning Opportunities)

Our work within each of these areas is further described below. We also partner with and are active members in our institution's E3 Council- Excellence, Empowerment, and Engagement which explores ways to promote our shared values in social justice.

Population and Patient Panel Management, with a particular focus on addressing health disparities

- ✧ Introduction to basic concepts of population health and panel management
- ✧ Learning how to run a report on your patient panel through Epic and how to do so to identify different patient groups (ie patients with hypertension, diabetes, etc) and addressing disparities in care among various patient groups on panels
- ✧ Identifying ways to improve the quality of care that we deliver to patient populations typically at higher risk of poor outcome secondary to social determinants of health

Advocacy and Leadership

- ✧ We integrated a formal advocacy curriculum into our community medicine curriculum which focuses on building writing and oral testimony skills to allow residents to directly engage in legislative advocacy if they choose to.
- ✧ We partner with the Colorado Academy of Family Physicians and participate frequently in the Doctor of the Day program to provide medical services at the Colorado State Capitol and learn about advocacy skills during the legislative session. Residents are able to participate in this annually.
- ✧ Intentionally support local neighborhood business partners with multiple advocacy groups for healthaccess and social justice through didactics and community medicine partner opportunities.

Community Engagement

Community Medicine is a longitudinal experience introduced in the first few months of intern year after which each resident gets to choose their own community partner. Residents can engage with various community partners during this time including:

- Urban Peak Youth Shelter Clinic- provide clinical care to homeless teens and young adults with one of our faculty
- Career Coach Mentoring at Manual High School- mentor 10th or 11th grade students from disadvantaged backgrounds at a neighborhood high school who are interested in health careers
- Metro Caring- participate in projects serving clients at a local hunger prevention organization
- Laradon Hall- provide medical care at a care center serving intellectually and developmentally delayed children and adults with one of our faculty
- Many other organizations including but not limited to Harm Reduction Center, Nurse Family Partnership, Center for Health Progress,

Curriculum:

- We continue to build out our curricular opportunities in the realm of health equity. This includes teaching in the following areas:
 - Social and health justice and how it intersects with race, gender, ethnicity, sexual orientation, obesity, ableism, etc
 - Immigrant care curriculum
 - Public and Global Health curriculum
 - Climate change and its effects on health
- We have an ongoing Spanish language improvement project designed to increase Spanish proficiency in order to improve patient care and interactions for our large Spanish-speaking population, which offers:
 - Monthly 90-minute multilevel Medical Spanish classes, and multiple opportunities for conversational Spanish

- Three-day pre-orientation intensive medical Spanish course for new interns
- Spanish language acquisition and immersion. Residents may apply for funding to take a two-week medical Spanish immersion in Guatemala or Costa Rica or another Country of their choosing
- Language Justice Academic Half Day which includes Spanish learning practice and interpreter use skill building

Quality Improvement

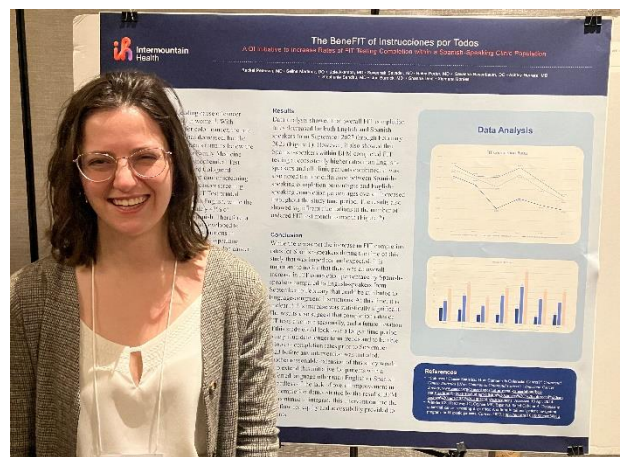
At Bruner Family Medicine, we are committed to being a Patient Centered Medical Home (PCMH). This requires us to routinely evaluate ourselves and continuously improve in the areas of quality of patient care, quality of patient communication, and team-based care practices. We believe that this structure of primary care is a model for the future and really puts the patient at the center of everything we do.



Quality Improvement Group at RMRF 2024

As a physician at Bruner Family Medicine, you will learn about PCMH principles and have the opportunity to practice team-based quality improvement (QI) from the first days in clinic. You will participate in our team meetings, which are focused on various QI projects as they relate to preventive medicine and chronic disease management for our patients.

Your first year is primarily focused on learning QI tools and processes used in the clinic. During your second and third year, you will be encouraged to take on a leadership role and help direct the team through project creation, developing SMART goals, and implementing successive Plan-Do-Study-Act (PDSA) cycles. You will have the opportunity to present your QI work as one of the required scholarly activities for residency and have a working



knowledge of QI that can be applied in your future career no matter where you find yourself practicing medicine.