# Faculty



## **Utah Valley Sports Medicine Fellowship**



## Anthony Beutler, MD | Program Director

Medical Director for Sports Medicine Program Director, Sports Medicine Fellowship Intermountain Healthcare

Professor, Department of Family Medicine Colonel (retired), United States Air Force, Medical Corps Uniformed Services University

Dr. Beutler is the medical director of Sports Medicine for Intermountain Healthcare. He is also the program director for Intermountain's Sports Medicine fellowship in Provo, Utah. This means that he spends his time thinking up exciting new things for 25 Intermountain sports medicine doctors to do. And when they won't, he makes the fellows do them instead! When not otherwise engaged in tyranny, Dr. Beutler enjoys basketball, bike-riding, waterskiing, and writing IRB proposals while jabbing sharp sticks into his eyes in his spare time.

#### **Education and Research**

Dr. Beutler is an acclaimed international educator and researcher in sports medicine and musculoskeletal injury prevention. He previously directed the Tri-service military sports medicine fellowship in Washington DC, where he served as educational director for 12 sports medicine fellows per year in the National Capitol Sports Medicine Consortium. As a member of the JUMP-ACL Partnership and of the CHAMP Consortium, his study teams have received multiple national grants and awards for their ground-breaking work in injury prevention and injury prediction, both in military and civilian populations. Dr. Beutler has authored numerous peer-reviewed publications, edited a sports medicine textbook, and successfully evoked deep slumber and copious drool from unsuspecting lecture attendees around the world.

#### **Executive Leadership**

Col Beutler serves in leadership roles for multiple national and military organizations dedicated to improving the health and safety of military and civilian populations. As an active researcher in the Consortium for Health and Military Performance (CHAMP) at Uniformed Services University, Dr. Beutler's teams are committed to finding the best treatments and practices to treat and prevent injury in active individuals. He was selected as the first Chair of the Collaborative Research Network for the American Medical Society for Sports Medicine (though exactly what all that means even he is not sure!)

#### **Background and Personal Data**

Dr. Beutler was born in Lafayette, Indiana. His Hoosier birthright proving insufficient to overcome his congenital lack of athletic talent--he was forced to seek gainful employment outside the NBA. Dr. Beutler graduated from Brigham Young University and then received his M.D. from Duke University where he was an active member of the AOA. He pursued his Family Practice residency at Travis Air Force Base, California and completed his Sports Medicine Fellowship at the Uniformed Services University and U.S. Naval Academy. Dr. Beutler serves as a team physician for Brigham Young and Utah Valley Universities, the Salt Lake Real, the US. Olympic Committee (including covering the 2024 Olympics in France) and previously for the US Naval Academy.

#### **Research Interests**

ACL Injury mechanisms, musculoskeletal injury mechanisms, post-traumatic arthritis, musculoskeletal education, exertional leg pain, and exercise as a treatment for anything



#### Christopher Gordon, MD | Assistant Director

Dr. Gordon obtained his medical degree at St. Matthew's University School of Medicine in Grand Cayman, followed by a family medicine residency at Scottsdale Healthcare where he earned the Family Medicine Resident Award for Scholarship. Dr. Gordon graduated from the Utah Valley Sports Medicine Fellowship in 2013. He is a team physician for Utah Valley University and Brigham Young University.



#### Eric Robinson, MD

Dr. Robinson graduated from medical school at the University of Arizona College of Medicine, followed by a family medicine residency at Wake Forest University School of Medicine. He graduated from the Utah Valley Sports Medicine Fellowship in 2011. Dr. Robinson serves as head team physician for Utah Valley University and a team physician for Brigham Young University.



#### Claire Gross, MD

Dr. Gross received her medical degree from Georgetown University School of Medicine. She completed her residency training in Physical Medicine and Rehabilitation at the Rehabilitation Institute of Chicago, Northwestern University, then went on to complete a Sports Medicine fellowship at MacNeal Hospital in Chicago. Dr. Gross' clinical interests include dance medicine and repetitive use injuries. She currently practices at the Intermountain Lehi Clinic and Salt Lake Clinic. She serves as the physician for Ballet West.



## Darren Campbell, MD

Following completion of his medical degree at the Uniformed Services University of Health Sciences, Dr. Campbell completed a Family Practice residency at Andrews Air Force Base and a sports medicine fellowship at the University of Utah Orthopaedic Center. He served as a colonel in the United States Air Force and was Chief of Sports Medicine and Head Team Physician at the United States Air Force Academy. As a principal investigator in the Grand Alliance/CARE Consortium, Dr. Campbell has authored numerous publications and presentations, with a special focus on concussion management. Dr. Campbell currently serves as head team physician for Brigham Young University, and formerly served as head team physician for Utah State University.



#### Mitchell Pratte, MD

Dr. Pratte received his medical training at the Western University of Health Sciences in Pomona, California. He completed his residency at the Utah Valley Family Medicine Residency program, after which Dr. Pratte became the first fellow to graduate from the Sports Medicine Fellowship in 2000. Dr. Pratte currently practices at the Intermountain North Orem Clinic and is the head team physician for Brigham Young University. In addition, he also serves as a team doctor for the Orem Owlz baseball team.



#### Jonathan Jackson, MD

Dr. Jonathan Jackson graduated from medical school at the Uniformed Services University of the Health Sciences and completed a residency in Family Medicine at David Grant Medical Center, Travis Air Force Base. He completed a fellowship in primary care sports medicine at the University of North Carolina, Chapel Hill, Area Health Education Consortium. Prior to joining Intermountain, Dr. Jackson served as chief of sports medicine at the U.S. Air Force Academy in Colorado. His professional interests include sport-related concussion, running injuries and injury prevention, osseous stress injuries and factors in patient compliance.



## Kathryn Alfonso, DO

Dr. Alfonso received her medical degree from the University of Florida College of Medicine and completed residency training in Physical Medicine and Rehabilitation at the Mayo Clinic School of Graduate Medicine Education. She then went on to complete a sports medicine fellowship at the Mountain Area Health Education Center Primary Care Sports Medicine Fellowship. She joined our team after serving as a clinical assistant professor at the University of Florida College of Medicine, Department of Physical Medicine and Rehabilitation, Sports Medicine Division. Her professional interests include musculoskeletal ultrasound, sports performance, adaptive sports, women's health in athletics, and relative energy deficiency in sport (RED-S).



## Angela Herbert, Senior Administrative Coordinator

Originally from Florida, Angela graduated with a degree in Psychology from Brigham Young University, where she worked for Health and Human Performance. She joined the fellowship program in 2013 and quickly came to love the experience of working in graduate medical education at the intersection of knowledge, compassion, healing and excellence. Outside of work, Angela enjoys learning and spending time with her family in the Utah outdoors in the summer, and pretending the Utah outdoors don't exist in the winter.