Intermountain Health

St. Mary's Regional Hospital

Community Benefit Annual Report

As part of our commitment to the Western Slope and Colorado, St. Mary's Regional Hospital works to improve the health of the communities we serve, especially the poor and vulnerable. The Sisters of Charity of Leavenworth founded the hospital in 1896 and developed innovative ways to provide healthcare in their communities. Through a comprehensive assessment of community needs and strong local collaborations, we strive to continue that work today.

Investing in the Health of the Next Generation

During St. Mary's recent Community Health Needs Assessment, child and family well-being was prioritized as a significant health need. As part of the strategy to improve the well-being of our youngest residents, the hospital collaborated with the Western Slope Chapter of Girls on the Run. The overall objective is physical and emotional development, empowerment, and social connection.

Part of the program was a summer camp where 26 participants (ages 8 to 11) received health and emotional education, including instruction from St. Mary's caregivers.

"Our overall mission is to incorporate movement while learning about important life and social skills. This can come from making friends, making good decisions, realizing that emotions are OK, and how to handle those emotions in a safe and confident way," said Girls on the Run camp leader, Brittany Markert.

Through meaningful collaborations and innovative programs, St. Mary's is actively shaping our community's health by nurturing confidence, resilience, emotional intelligence, and physical well-being in the next generation.

2025-2027 Significant Health Needs

Every three years St. Mary's Regional Hospital works with public health stakeholders, community members, and other healthcare providers to understand and assess the most important local health needs.

Based on the most recent assessment, the hospital identified the following significant health needs that are the focus of the Implementation Strategy and community benefit programs:

- **Improve Behavioral Health**
- **Achieve Greater Economic Stability**
- **Increase Access to Care**
- **Improve Child and Family Well-Being**

Community Collaborators - 2024 by the Numbers

9 organizations participated in the collaborative Mesa County Community Health Needs Assessment.

1,200+ individuals participated in the "Tell Us Community Survey" providing community input on health needs.

32 organizations collaborated on strategies to address community health needs.

What is Community Benefit?

Community Benefit is integral to the mission of Catholic and other not-for-profit hospitals. It is an extension of our 'historic mission to the communities' especially the vulnerable and disenfranchised. The Internal Revenue Service (IRS) has federal requirements for not-for-profit hospitals to report their investments in Community Benefit activities, which are programs or activities that provide treatment and/or promote health and healing as a response to community needs:

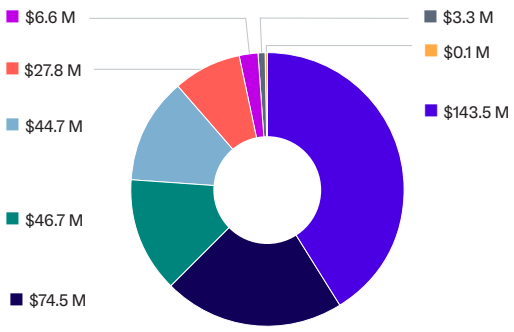
- Improve access to care
- Enhance the health of a community
- Advance medical or health knowledge
- Reduce the burden of health care on local, state, federal government, or other community efforts

When reporting to the IRS, Community Benefit investments are organized into the following general categories:

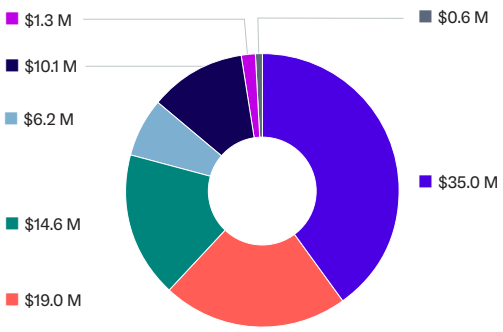
- Unreimbursed costs for care provided to Medicaid beneficiaries
- Charity care and financial assistance for patients who are unable to pay for care
- Cash and in-kind contributions to support identified community health needs
- Health professions education, including clinical training for nursing, pharmacy, and other health professions
- Subsidized health services, which are services provided at a loss but without which the community's access to care would suffer
- Means-tested government programs, which includes the unreimbursed care under means-tested programs like the Child Health Plan Plus (CHP+)
- Community building activities, including participating in community coalitions to advance health and physician recruitment to maintain health care access.
- Research, including studies or investigations that increase knowledge made available to the public. (Note: No Research investments were reported in 2024.)

2024 Community Benefit Investments

Intermountain Health Colorado: $347.2 Million



St. Mary's Regional Hospital: $86.8 Million



- Unreimbursed Medicaid
- Subsidized Health Services
- Health Professions Education
- Financial Assistance at Cost
- Cash and In-Kind Contributions
- Community Health Improvement Services and Community Benefit Operations
- Cost of Other Means-Tested Government Programs
- Community Building Activities

Statewide totals include clinic contributions not reported on hospital Form 990 Schedule H.

Addressing Health Needs - 2024 by the Numbers

2,700

gunlocks distributed in Colorado, including **700** in the hospital service area, to support suicide and injury prevention.

1,139

students completed clinical rotations in nursing, radiology, mental health, spiritual care, healthcare leadership, and emergency medical services at St. Mary's.

2,749

community members benefited from injury prevention and healthy living education or attended a health-related support group.